Action ON MALE SUICIDE

Research
Insight
Action

NATIONAL CONVERSATIONS: AGENDA

10:00 – 10:30 AM	*Registration, refreshments and networking*
10:30 AM - 12:30 PM	**Why do men die by suicide?** An overview of the latest research from Dr Susie Bennett, including frameworks for understanding suicidal distress in men, the role of societal pressures, and the impact of childhood experiences.
12:30 PM - 1:30 PM	*Lunch - sadly we don't have budget to cover lunch for guests. Please bring your own or purchase nearby.*
1:30 PM - 2:30 PM	**Managing Suicidal Pain** What are some of the unseen barriers that prevent some men from seeking support, and what can help men cope when pain becomes overwhelming?
2:45 PM - 3:45 PM	**Local Voices** A spotlight on local stories and local approaches to supporting men and preventing suicide.
3:45 PM - 5:00 PM	**What can we do to make change?** A facilitated group discussion exploring: • What challenges are men experiencing locally? • What is working well? • Where are the biggest gaps? • What should the priorities for change be? • Where are there opportunities to collaborate or work differently?